

MIT Course 8.033, Fall 2006, Formula Sheet

(Dated: August 24, 2006)

- 4-vectors:

$$\mathbf{X} \equiv \begin{pmatrix} x \\ y \\ z \\ ct \end{pmatrix}, \quad \mathbf{U} \equiv \frac{d\mathbf{X}}{d\tau} = \gamma_u \begin{pmatrix} u_x \\ u_y \\ u_z \\ c \end{pmatrix},$$

$$\mathbf{K} \equiv \gamma_u \begin{pmatrix} k_x \\ k_y \\ k_z \\ w/c \end{pmatrix}, \quad \mathbf{P} \equiv m_0 \mathbf{U} = \begin{pmatrix} p_x \\ p_y \\ p_z \\ E/c \end{pmatrix}$$

$$\mathcal{F} \equiv \frac{d}{d\tau} \mathbf{P} = \gamma_u \begin{pmatrix} \mathbf{F} \\ P/c \end{pmatrix}, \quad \mathbb{J} \equiv \rho_0 \mathbf{U} = \begin{pmatrix} J_x \\ J_y \\ J_z \\ \rho c \end{pmatrix}$$

- Lorentz transformation:

$$\Lambda(\hat{\mathbf{x}}v) = \begin{pmatrix} \gamma & 0 & 0 & -\gamma\beta \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ -\gamma\beta & 0 & 0 & \gamma \end{pmatrix}, \quad \begin{pmatrix} x' \\ y' \\ z' \\ ct' \end{pmatrix} = \begin{pmatrix} \gamma(x - \beta ct) \\ y \\ z \\ \gamma(ct - \beta x) \end{pmatrix}$$

- Parallel velocity addition:

$$v'' = \frac{v + v'}{1 + \frac{vv'}{c^2}}$$

- Aberration & Doppler effect:

$$\cos \theta' = \frac{\cos \theta - \beta}{1 - \beta \cos \theta}, \quad \omega' = \omega \gamma (1 - \beta \cos \theta)$$

- Energy:

$$E = m_0 \gamma c^2 = \sqrt{(m_0 c^2)^2 + (cp)^2}$$

- Electromagnetism:

$$\mathbf{F} = q(\mathbf{E} + \frac{1}{c} \mathbf{u} \times \mathbf{B})$$

$$E'_x = E_x$$

$$E'_y = \gamma(E_y - \beta B_z)$$

$$E'_z = \gamma(E_z + \beta B_y)$$

$$B'_x = B_x$$

$$B'_y = \gamma(B_y + \beta E_z)$$

$$B'_z = \gamma(B_z - \beta E_y).$$

- Euler-Lagrange equation:

$$\frac{\partial f}{\partial x} - \frac{d}{dt} \frac{\partial f}{\partial \dot{x}} = 0$$

- Metrics (Minkowski, Newtonian, FRW, Schwarzschild), $c = G = 1$, $d\Omega^2 \equiv d\theta^2 + \sin^2 \theta d\varphi^2$:

$$d\tau^2 = dt^2 - dx^2 - dy^2 - dz^2$$

$$= dt^2 - dr^2 - r^2 d\Omega^2,$$

$$d\tau^2 = (1 + 2\phi) dt^2 - r^2 d\Omega^2,$$

$$d\tau^2 = dt^2 - a(t)^2 \left(\frac{dr^2}{1 - kr^2} + r^2 d\Omega^2 \right),$$

$$d\tau^2 = \left(1 - \frac{2M}{r} \right) dt^2 - \left(1 - \frac{2M}{r} \right)^{-1} dr^2 - r^2 d\Omega^2$$

- Friedmann equation:

$$H^2 = \frac{8\pi G}{3} \rho - \frac{kc^2}{a^2}, \quad H \equiv \frac{\dot{a}}{a}$$

- Shell coordinates:

$$dt_{\text{shell}} = \gamma_r^{-1} dt, \quad dr_{\text{shell}} = \gamma_r dr$$

$$\gamma_r \equiv \frac{1}{\sqrt{1 - \beta_r^2}}, \quad \beta_r \equiv \left(\frac{2M}{r} \right)^{1/2}$$

- Schwarzschild orbits:

$$\left(\frac{dr}{d\tau} \right)^2 = \tilde{E}^2 - \tilde{V}(\tilde{L}, r)^2,$$

$$\frac{d\varphi}{d\tau} = \frac{\tilde{L}}{r^2},$$

$$\frac{dt}{d\tau} = \gamma_r^2 \tilde{E},$$

$$\tilde{V}(\tilde{L}, r)^2 \equiv \left(1 - \frac{2M}{r} \right) \left(1 + \frac{\tilde{L}^2}{r^2} \right)$$

- Just kidding:

$$R_{\mu\nu} - \frac{1}{2} R g_{\mu\nu} = 8\pi G T_{\mu\nu},$$

$$R \equiv g^{\mu\nu} R_{\mu\nu},$$

$$R_{\mu\nu} \equiv R_{\mu\alpha\nu}^{\alpha},$$

$$R_{\mu\nu\beta}^{\alpha} \equiv \Gamma_{\nu\beta,\mu}^{\alpha} - \Gamma_{\mu\beta,\nu}^{\alpha} + \Gamma_{\mu\beta}^{\gamma} \Gamma_{\nu\gamma}^{\alpha} - \Gamma_{\nu\beta}^{\gamma} \Gamma_{\mu\gamma}^{\alpha},$$

$$\Gamma_{\mu\nu}^{\alpha} \equiv \frac{1}{2} g^{\alpha\sigma} (g_{\sigma\mu,\nu} + g_{\sigma\nu,\mu} - g_{\mu\nu,\sigma}) \odot$$