

PERTURBATION THEORY

Given a Hamiltonian

$$H(t) = H_0 + V(t)$$

where we know the eigenkets for H_0

$$H_0 |n\rangle = E_n |n\rangle$$

we often want to calculate changes in the amplitudes of $|n\rangle$ induced by $V(t)$:

$$|\psi(t)\rangle = \sum_n c_n(t) |n\rangle$$

where

$$c_k(t) = \langle k | \psi(t) \rangle = \langle k | U(t, t_0) | \psi(t_0) \rangle$$

In the interaction picture, we defined

$$b_k(t) = \langle k | \psi_I \rangle = e^{+i\omega_k t} c_k(t)$$

which contains all the relevant dynamics. The changes in amplitude can be calculated by solving the coupled differential equations:

$$\frac{\partial}{\partial t} b_k = \frac{-i}{\hbar} \sum_n e^{-i\omega_{kn}t} V_{kn}(t) b_n(t)$$

For a complex system or a system with many states to be considered, solving these equations isn't practical.

Alternatively, we can choose to work directly with $U_I(t, t_0)$, and we can calculate $b_k(t)$ as:

$$b_k = \langle k | U_I(t, t_0) | \psi(t_0) \rangle$$

where

$$U_I(t, t_0) = \exp \left[\frac{-i}{\hbar} \int_{t_0}^t V_I(\tau) d\tau \right]$$

Now we can truncate the expansion after a few terms. This is perturbation theory, where the dynamics under H_0 are treated exactly, but the influence of $V(t)$ on b_n is truncated. This works well for small changes in amplitude of the quantum states with small coupling matrix elements relative to the energy splittings involved. $|b_k(t)| \approx |b_k(0)|; |V| \ll |E_k - E_n|$

Transition Probability

Let's take the specific case where we have a system prepared in $|\ell\rangle$, and we want to know the probability of observing the system in $|k\rangle$ at time t , due to $V(t)$.

$$\begin{aligned}
 P_k(t) &= |b_k(t)|^2 & b_k(t) &= \langle k | U_I(t, t_0) | \ell \rangle \\
 b_k(t) &= \left\langle k \left| \exp_+ \left[-\frac{i}{\hbar} \int_{t_0}^t d\tau V_I(\tau) \right] \right| \ell \right\rangle \\
 &= \langle k | \ell \rangle - \frac{i}{\hbar} \int_{t_0}^t d\tau \langle k | V_I(\tau) | \ell \rangle \\
 &\quad + \left(\frac{-i}{\hbar} \right)^2 \int_{t_0}^t d\tau_2 \int_{t_0}^{\tau_2} d\tau_1 \langle k | V_I(\tau_2) V_I(\tau_1) | \ell \rangle + \dots
 \end{aligned}$$

using

$$\langle k | V_I(t) | \ell \rangle = \langle k | U_0^\dagger V(t) U_0 | \ell \rangle = e^{-i\omega_{k\ell}t} V_{k\ell}(t)$$

$$\begin{aligned}
 b_k(t) &= \delta_{k\ell} - \frac{i}{\hbar} \int_{t_0}^t d\tau_1 e^{-i\omega_{k\ell}\tau_1} V_{k\ell}(\tau_1) && \text{“first order”} \\
 &+ \sum_m \left(\frac{-i}{\hbar} \right)^2 \int_{t_0}^t d\tau_2 \int_{t_0}^{\tau_2} d\tau_1 e^{-i\omega_{mk}\tau_2} V_{km}(\tau_2) e^{-i\omega_{\ell m}\tau_1} V_{m\ell}(\tau_1) + \dots && \text{“second order”}
 \end{aligned}$$

This expression is usually truncated at the appropriate order. Including only the first integral is first-order perturbation theory.

If $|\psi_0\rangle$ is not an eigenstate, we only need to express it as a superposition of eigenstates, but remember to convert to $c_k(t) = e^{-i\omega_k t} b_k(t)$.

Note that if the system is initially prepared in a state $|\ell\rangle$, and a time-dependent perturbation is turned on and then turned off over the time interval $t = -\infty$ to $+\infty$, then the complex amplitude in the target state $|k\rangle$ is just the Fourier transform of $V(t)$ evaluated at the energy gap $\omega_{k\ell}$.

Example: First-order Perturbation Theory

Vibrational excitation on compression of harmonic oscillator. Let's subject a harmonic oscillator to a Gaussian compression pulse, which increases the frequency of the h.o.



$$H = \frac{p^2}{2m} + k(t)\frac{x^2}{2}$$

$$A' = \delta k_0 = A / \sqrt{2\pi\sigma}$$

$$k(t) = k_0 + \delta k(t) \quad \delta k(t) = A' \exp\left(-\frac{(t-t_0)^2}{2\sigma^2}\right) \quad k_0 = m\Omega^2$$

$$H = H_0 + V(t) = \underbrace{\frac{p^2}{2m} + k_0 \frac{x^2}{2}}_{H_0} + \underbrace{\frac{A'x^2}{2} \exp\left(-\frac{(t-t_0)^2}{2\sigma^2}\right)}_{V(t)}$$

$$H_0 |n\rangle = E_n |n\rangle \quad H_0 = \hbar\Omega \left(a^\dagger a + \frac{1}{2} \right) \quad E_n = \hbar\Omega \left(n + \frac{1}{2} \right)$$

If the system is in $|0\rangle$ at $t_0 = -\infty$, what is the probability of finding it in $|n\rangle$ at $t = \infty$?

$$\begin{aligned} \text{for } n \neq 0: \quad b_n(t) &= \frac{-i}{\hbar} \int_{t_0}^t d\tau V_{n0}(\tau) e^{i\omega_n \tau} \\ &= \frac{-i}{\hbar} A' \langle n | x^2 | 0 \rangle \int_{-\infty}^{+\infty} d\tau e^{i\omega_n \tau} e^{-\tau^2/2\sigma^2} \end{aligned}$$

$$\omega_{n0} = n\Omega$$

$$b_n(t) = \frac{-i}{\hbar} A' \langle n | x^2 | 0 \rangle \int_{-\infty}^{+\infty} d\tau e^{in\Omega\tau - \tau^2/2\sigma^2}$$

$$\int_{-\infty}^{+\infty} \exp(ax^2 + bx + c) dx = \sqrt{\frac{-\pi}{a}} \exp\left(c - \frac{1}{4} \frac{b^2}{a}\right)$$

$$b_n(t) = \frac{-i}{\hbar} A \langle n | x^2 | 0 \rangle e^{-2n^2\sigma^2\Omega^2/4}$$

What about matrix element?

$$x^2 = \frac{\hbar}{m\Omega} (a + a^\dagger)^2 = \frac{\hbar}{m\Omega} (aa + a^\dagger a + aa^\dagger + a^\dagger a^\dagger)$$

First-order perturbation theory won't allow transitions to $n = 1$, only $n = 0$ and $n = 2$.

Generally this wouldn't be realistic, because you would certainly expect excitation to $v=1$ would dominate over excitation to $v=2$. A real system would also be anharmonic, in which case, the leading term in the expansion of the potential $V(x)$, that is linear in x , would not vanish as it does for a harmonic oscillator, and this would lead to matrix elements that raise and lower the excitation by one quantum.

However for the present case,

$$\langle 2 | x^2 | 0 \rangle = \sqrt{2} \frac{\hbar}{m\Omega}$$

So,

$$b_2 = \frac{-\sqrt{2}i}{m\Omega} A e^{-2\sigma^2\Omega^2}$$

$$P_2 = |b_2|^2 = \frac{2 A^2}{m^2\Omega^2} e^{-4\sigma^2\Omega^2} \quad A = \delta k_0 \sqrt{2\pi\sigma}$$

Significant transfer of amplitude occurs when the compression pulse is short compared to the vibrational period.

$$\frac{1}{\sigma} \ll \Omega$$

Validity: First order doesn't allow for feedback and b_n can't change much from its initial value.

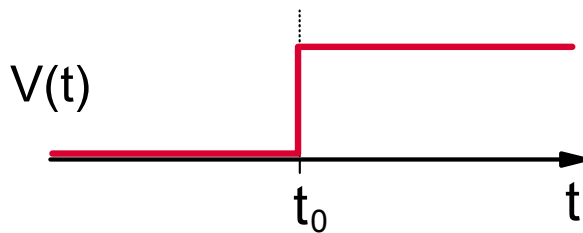
for $P_2 \approx 0 \quad |A| \ll |m\Omega|$

First-Order Perturbation Theory

A number of important relationships in quantum mechanics that describe rate processes come from 1st order P.T. For that, there are a couple of model problems that we want to work through:

(1) Constant Perturbation

$|\psi(t_0)\rangle = |\ell\rangle$. A constant perturbation of amplitude V is applied to t_0 . What is P_k ?



$$V(t) = \theta(t - t_0)V = \begin{cases} 0 & t < 0 \\ V & t \geq 0 \end{cases}$$

To first order, we have:

$$b_k = \delta_{k\ell} - \frac{i}{\hbar} \int_{t_0}^t d\tau e^{i\omega_{k\ell}(\tau - t_0)} V_{k\ell}$$

$V_{k\ell}$ independent of time

$$\langle k | U_0^\dagger V U_0 | \ell \rangle = V e^{i\omega_{k\ell}(t - t_0)}$$

$$= \delta_{k\ell} + \frac{-i}{\hbar} V_{k\ell} \int_{t_0}^t d\tau e^{i\omega_{k\ell}(\tau - t_0)}$$

$$= \delta_{k\ell} + \frac{-V_{k\ell}}{E_k - E_{\ell}} [\exp(i\omega_{k\ell}(t - t_0)) - 1]$$

using $e^{i\phi} - 1 = 2ie^{i\phi/2} \sin \phi/2$

$$= \delta_{k\ell} + \frac{-2iV_{k\ell} e^{i\omega_{k\ell}(t - t_0)/2}}{E_k - E_{\ell}} \sin(\omega_{k\ell}(t - t_0)/2)$$

For $k \neq \ell$ we have

$$P_k = |b_k|^2 = \frac{4|V_{k\ell}|^2}{|E_k - E_{\ell}|^2} \sin^2 \frac{1}{2} \omega_{k\ell}(t - t_0)$$

or setting $t_0 = 0$ and writing this as we did in lecture 1:

$$P_k = \frac{V^2}{\Delta^2} \sin^2(\Delta t / \hbar) \quad \text{where } \Delta = \frac{E_k - E_l}{2}$$

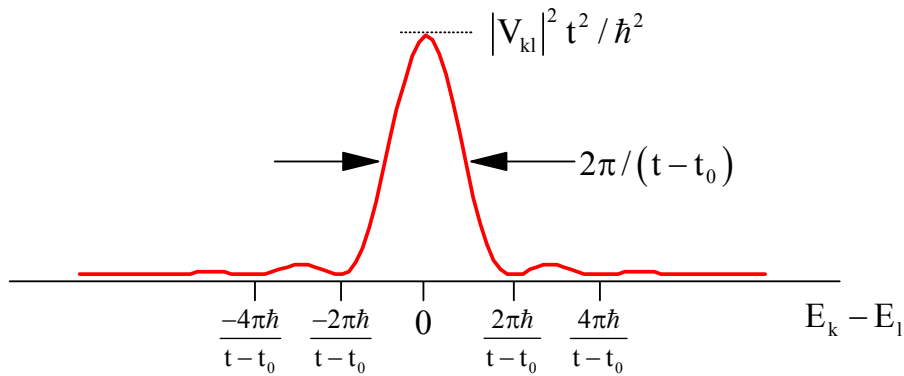
$$\text{or } P_k = \frac{V^2 t^2}{\hbar^2} \text{sinc}^2(\Delta t / 2\hbar)$$

Compare this with the exact result:

$$P_k = \frac{V^2}{V^2 + \Delta^2} \sin^2\left(\sqrt{\Delta^2 + V^2} t / \hbar\right)$$

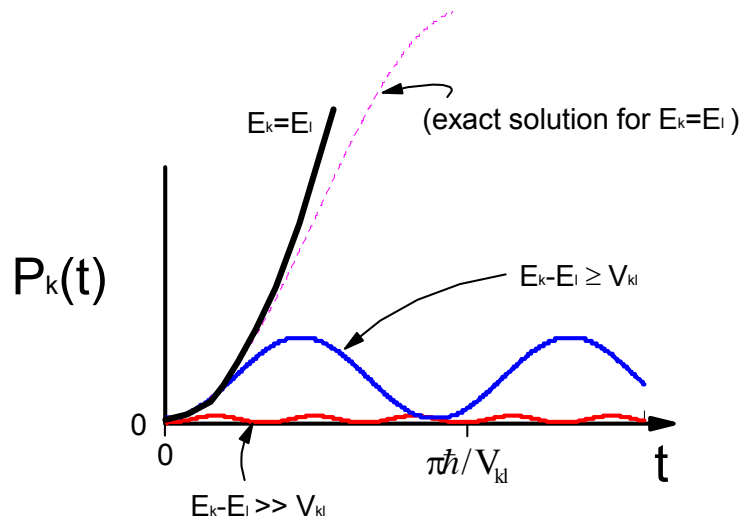
Clearly the P.T. result works for $V \ll \Delta$. (...not for degenerate systems)

The probability of transfer from $|\ell\rangle$ to $|k\rangle$ as a function of the energy level splitting ($E_k - E_l$):



Area scales linearly with time.

Time-dependence:



Time dependence on resonance ($\Delta=0$):

expand $\sin x = x - \frac{x^3}{3!} + \dots$

$$P_k = \frac{V^2}{\Delta^2} \left(\frac{\Delta t}{\hbar} - \frac{\Delta^3 t^3}{6\hbar^3} + \dots \right)^2$$

$$= \frac{V^2}{\hbar^2} t^2$$

This is unrealistic, but the expression shouldn't hold for $\Delta=0$.

Long time limit: The $\text{sinc}^2(x)$ function narrows rapidly with time giving a delta function:

$$\lim_{t \rightarrow \infty} \frac{\sin^2(ax/2)}{ax^2} = \frac{\pi}{2} \delta(x)$$

$$\lim_{t \rightarrow \infty} P_k(t) = \frac{2\pi |V_{k\ell}|^2}{\hbar} \delta(E_k - E_\ell) (t - t_0)$$

A probability that is linear in time suggests a transfer *rate* that is independent of time! This suggests that the expression may be useful to long times:

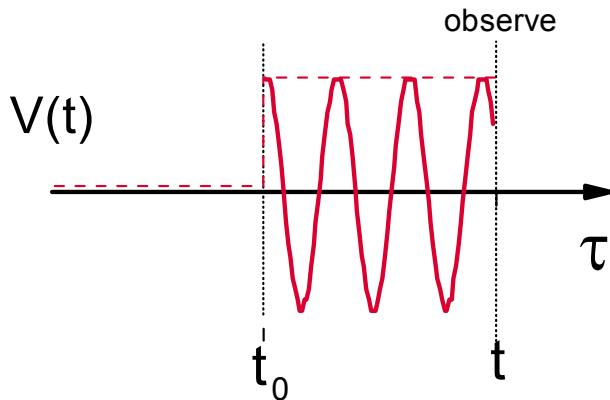
$$w_k(t) = \frac{\partial P_k(t)}{\partial t} = \frac{2\pi |V_{k\ell}|^2}{\hbar} \delta(E_k - E_\ell)$$

This is one statement of Fermi's Golden Rule, which describes relaxation rates from first order perturbation theory. We will show that this will give long time exponential relaxation rates.

(2) **Harmonic Perturbation**

Interaction of a system with an oscillating perturbation turned on at time $t_0 = 0$. This describes how a light field (monochromatic) induces transitions in a system through dipole interactions.

$$V(t) = V \cos \omega t = -\mu E_0 \cos \omega t$$



$$\begin{aligned} V_{k\ell}(t) &= V_{k\ell} \cos \omega t \\ &= \frac{V_{k\ell}}{2} [e^{i\omega t} + e^{-i\omega t}] \end{aligned}$$

To first order, we have:

$$\begin{aligned} b_k &= \langle k | \psi_I(t) \rangle = \frac{-i}{\hbar} \int_{t_0}^t d\tau V_{k\ell}(\tau) e^{i\omega_k \tau} \\ &= \frac{-iV_{k\ell}}{2\hbar} \int_{t_0}^t d\tau [e^{i(\omega_k + \omega)\tau} - e^{i(\omega_k - \omega)\tau}] \\ &= \frac{-V_{k\ell}}{2\hbar} \left[\frac{e^{i(\omega_k + \omega)t} - e^{i(\omega_k + \omega)t_0}}{\omega_k + \omega} + \frac{e^{i(\omega_k - \omega)t} - e^{i(\omega_k - \omega)t_0}}{\omega_k - \omega} \right] \end{aligned}$$

Setting $t_0 \rightarrow 0$ and using $e^{i\theta} - 1 = 2ie^{i\theta/2} \sin \theta/2$

$$b_k = \frac{-iV_{k\ell}}{\hbar} \left[\frac{e^{i(\omega_k - \omega)t/2} \sin[(\omega_k - \omega)t/2]}{\omega_k - \omega} + \frac{e^{i(\omega_k + \omega)t/2} \sin[(\omega_k + \omega)t/2]}{\omega_k + \omega} \right]$$

Notice that these terms are only significant when

$$\omega \approx \omega_{k\ell}: \text{ resonance!}$$

First Term

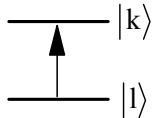
max at: $\omega = +\omega_{k\ell}$

$E_k > E_\ell$

$E_k = E_\ell + \hbar\omega$

Absorption

(resonant term)



Second Term

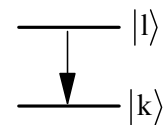
$\omega = -\omega_{k\ell}$

$E_k < E_\ell$

$E_k = E_\ell - \hbar\omega$

Stimulated Emission

(anti-resonant term)

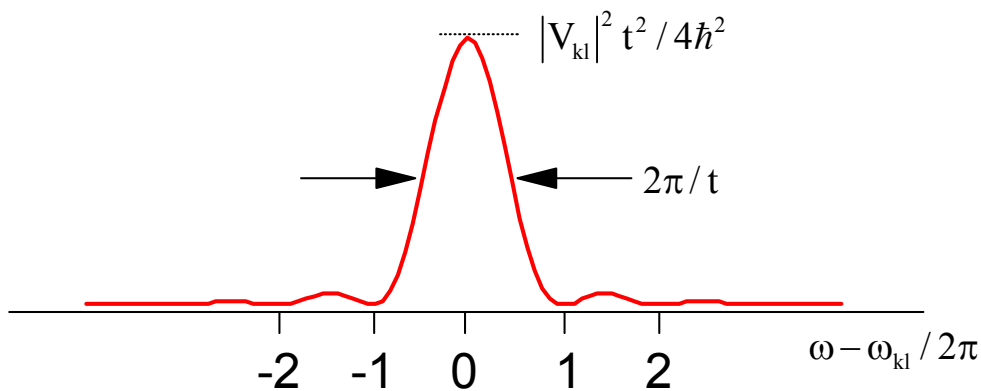


For the case where only absorption contributes, $E_k > E_\ell$, we have:

$$P_{k\ell} = |b_k|^2 = \frac{|V_{k\ell}|^2}{\hbar^2 (\omega_{k\ell} - \omega)^2} \sin^2 \left[\frac{1}{2} (\omega_{k\ell} - \omega) t \right]$$

or $\frac{E_0^2 |\mu_{k\ell}|^2}{\hbar (\omega_{k\ell} - \omega)^2} \sin^2 \left[\frac{1}{2} (\omega_{k\ell} - \omega) t \right]$

The maximum probability for transfer is on resonance $\omega_{k\ell} = \omega$



We can compare this with the exact expression:

$$P_{k\ell} = |b_k|^2 = \frac{|V_{k\ell}|^2}{\hbar^2 (\omega_{k\ell} - \omega)^2 + |V_{k\ell}|^2} \sin^2 \left[\frac{1}{2\hbar} \sqrt{|V_{k\ell}|^2 + (\omega_{k\ell} - \omega)^2} t \right]$$

which points out that this is valid for couplings $|V_{k\ell}|$ that are small relative to the detuning $\Delta\omega = (\omega_{k\ell} - \omega)$.

Limitations of this formula:

By expanding $\sin x = x - \frac{x^3}{3!} + \dots$, we see that on resonance $\Delta\omega = \omega_{k\ell} - \omega \rightarrow 0$

$$\lim_{\Delta\omega \rightarrow 0} P_k(t) = \frac{|V_{k\ell}|^2}{4\hbar^2} t^2$$

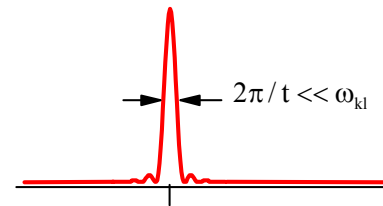
This clearly will not describe long-time behavior, but the expression is not valid for $\Delta\omega = 0$.

Nonetheless, it will hold for small P_k , so

$$t \ll \frac{2\hbar}{V_{k\ell}} \quad (\text{depletion of } |1\rangle \text{ neglected in first order P.T.})$$

At the same time, we can't observe the system on too short a time scale. We need the field to make several oscillations for it to be a harmonic perturbation.

$$t > \frac{1}{\omega} \approx \frac{1}{\omega_{k\ell}}$$



These relationships imply that

$$V_{k\ell} \ll \hbar\omega_{k\ell}$$